

# PAXTON LAKES SAILING CLUB

R.Y.A. AFFILIATED



## Cambs Youth League 2010 – Paxton Lakes SC Round 9<sup>th</sup> October 2010 Organising Authority Paxton Lakes Sailing Club Little Paxton, UK

### SAILING INSTRUCTIONS

#### 1. Rules

- 1.1. The regatta will be governed by the rules as defined in The Racing Rules Of Sailing, the prescriptions of the RYA, these sailing instructions, and the appropriate class rules.
- 1.2. Measurement certificates and class membership cards are subject to inspection at any time, as are all boats, by Paxton Lakes and class association officers.
- 1.3. For any classes that have changes to Rule 42 Propulsion, these will not apply during this regatta
- 1.4. If there is a conflict between languages the English text will take precedence.

#### 2. Notice to Competitors

Notices to Competitors will be posted on the official notice board

#### 3. Changes to Sailing Instructions

Any change to the sailing instructions will be posted at least 30 mins before the next race start

#### 4. Signals made ashore

Signals made ashore will be displayed at the flag pole in front of the start box

#### 5. Schedule of races

Three races are scheduled with Race 1 starting at 11:00 am on 9<sup>th</sup> October 2010 and 2 races in the afternoon with the Race 2 starting at approx 1:00pm

#### 6. Class Flags

The fleet will be split appropriately based on the entries with upto 3 fleets.  
Class Flags A, B & V will be used and assigned to the fleets during the briefing.

#### 7. The Course

- 7.1. The diagram in Appendix A shows the approximate position of the club marks. The course to be sailed will be displayed on the main course board on the side of the start box.
- 7.2. Racing will be based on average laps with races lasting approximately 60 mins from the first fleet start

#### 8. The Start

Races shall be started by using the following signals. Times shall be taken from the visual signals, the absence of a sound signal shall be disregarded.

-6 minutes: Class flag + one sound signal

-3 minutes: Preparatory flag 'P' + one sound signal

-1 minute: Preparatory flag 'P' removed + one long sound signal

Start: Class flag removed + one sound signal

The -6 minutes signal for subsequent fleets will be made at the -3 minutes signal of the previous fleet.

- 8.1. The start line will be marked on the main course board
- 8.2. Any fleets not in the preparatory period must keep clear of the starting area.
- 8.3. Individual recalls and general recalls are in accordance with RRS rule 29. This procedure is on display in the Start Box.

#### 9. The finish

- 9.1. The finish line will be marked on the main course board and will also be used as a "GATE" on each lap and must be passed through.

#### 10. Protests

Protests shall be made in accordance with RRS rules and handed to the Race Officer within 30 minutes of completion of the race.

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## 11. Safety Regulations

- 11.1. Adequate personal buoyancy must be worn at all times when afloat. Wet suits, dry suits and uninflated life jackets are not considered sufficient for the purpose of this rule.
- 11.2. Helmsman retiring must, on returning to shore, inform the Race Officer.
- 11.3. After capsizing or boat damage, a helmsman may accept assistance from the safety boat without incurring any penalty (e.g. to remove weed from the top of the mast, tow back to shore). This changes Rule 41

## 12. Additional Equipment

- 12.1. No additional equipment will be issued.

## 13. Results and Scoring

- 13.1. The results will be calculated using the RYA Portsmouth Yardstick scheme and based on average lap calculations.
- 13.2. Ties will be broken using the method within the Cambs Youth League result programme.

## 14. Prizes

Prizes will be given as follows

1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> overall

1<sup>st</sup> and 2<sup>nd</sup> under 15

1<sup>st</sup> and 2<sup>nd</sup> under 12

1<sup>st</sup> female helm

Youngest Competitor

## 15. Disclaimer of Liability

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to race. The organising authority will not accept liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta

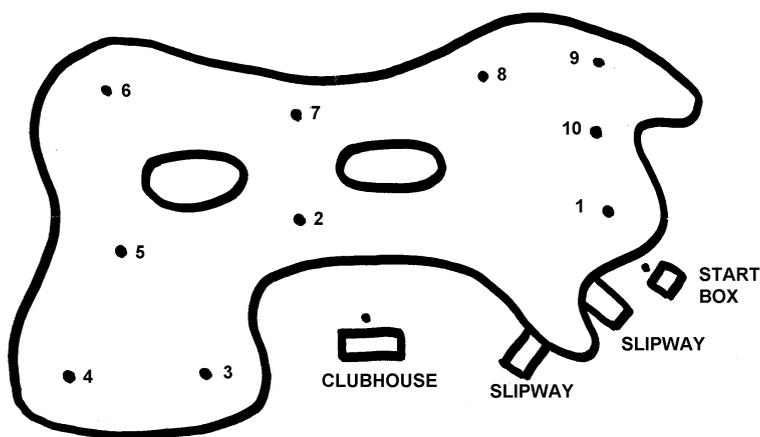
## 16. Insurance

The safety of a dinghy and her entire management shall be the sole responsibility of the owner/competitor. Each entrant shall sign an undertaking that they have valid Third Party insurance to cover claims of at least £2,000,000 in respect of the competing boat and shall provide the certificate if requested by the Race Officer.

## 17. Behaviour

Absolutely no bullying or foul language will be accepted at anytime during the event (on or off the water). Those who infringe these rules will be subject to penalties, which could result in instant disqualification.

## Appendix A



POSITION OF BUOYS 1 - 10