

PAXTON LAKES SAILING CLUB

R.Y.A. AFFILIATED



Paxton Lakes Sailing Club 40th Anniversary RNLI 24 Hour Race 10th / 11th July 2010

Organising Authority Paxton Lakes Sailing Club
Little Paxton, UK

SAILING INSTRUCTIONS

1. Rules

- 1.1. The regatta will be governed by the rules as defined in The Racing Rules Of Sailing, the prescriptions of the RYA, these sailing instructions, and the appropriate class rules.
- 1.2. Measurement certificates and class membership cards are subject to inspection at any time, as are all boats, by Paxton Lakes and class association officers.
- 1.3. For any classes that have changes to Rule 42 Propulsion, these will not apply during this regatta
- 1.4. If there is a conflict between languages the English text will take precedence.
- 1.5. All teams must register with the registration desk on arrival on 10th July 2010 and before 11:30 am

2. Notice to Competitors

Notices to Competitors will be posted on the official notice board located in the marquee

3. Changes to Sailing Instructions

Any change to the sailing instructions will be posted at least 1 hour before they apply on the official notice board

4. Signals made ashore

Signals made ashore will be displayed at the flag pole in front of the start box

5. Schedule of races

One Race will take place starting at 1:00 pm on 10th July 2010 and we last for 24 hours

6. Class Flags

Class flag V will be used

7. The Course

- 7.1. The diagram in Appendix A shows the approximate position of the club marks. The course to be sailed will be displayed on the main course board on the side of the start box.
- 7.2. If at any time it is necessary to alter the course (e.g. during the night or for a change in the weather conditions) this will be signalled by repetitive sound signals and by raising code flag 'C'. The new course will be displayed in front of the Start Box. Boats should finish the lap that they are on before following the new course. Where possible teams will be notified of the change in advance; also where possible the Safety Boat Crew will inform each boat of the change. Code flag 'C' will remain hoisted until all boats have begun to follow the new course. This procedure will be repeated when reverting to the original course.

Sailing Secretary: Mr Gareth Russell, 40 Skipper Way, Little Paxton, Cambs PE19 6LQ

Tel: 07956 107615, 01480 476848

email: sailing.secretary@paxtonlakes.org.uk website: www.paxtonlakes.org.uk

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8. The Start

- 8.1. The race will be started by using rule 26
 - 5 minutes: Class flag + one sound signal
 - 4 minutes: Preparatory flag 'P' + one sound signal
 - 1 minute: Preparatory flag 'P' removed + one long sound signal
 - Start: Class flag removed + one sound signal
- 8.2. The start line will be marked on the main course board
- 8.3. Individual recalls and general recalls are in accordance with RRS rule 29. This procedure is on display in the Start Box.

9. Changeover

- 9.1. Changeovers shall take place within the designated area, which will be a clearly marked with red and white poles at each end. Where teams use more than one boat, the boat arriving in the changeover area shall land ahead of the boat departing from the changeover area.
- 9.2. If for any reason it is necessary to perform a changeover away from the designated area using a replacement boat then the replacement boat shall sail to the last buoy rounded by the original boat and continue on the course from there.
- 9.3. Boats must not be moored in the changeover area.

10. The finish

- 10.1. The finish line will be marked on the main course board.
- 10.2. As each boat crosses the finish line at the end of every lap, the crew shall call out the team number to the timekeeper. The timekeeper will acknowledge by calling back the team number.
- 10.3. The finish line must be passed through at the end of each lap
- 10.4. When 24 hours has passed from the starting signal code flag S will be displayed with a single sound. All boats are then to complete the lap they are on and pass through the finish line.

11. Protests

- 11.1. Protests shall be made in accordance with RRS rules and handed to the Race Officer within 30 minutes of completion of the race or 90 mins of the incident, whichever is sooner.
- 11.2. The protest committee reserves the right to deduct laps or fractional parts of laps for infringements of the rules.

12. Safety Regulations

- 12.1. Adequate personal buoyancy must be worn at all times when afloat. Wet suits, dry suits and un-inflated life jackets are not considered sufficient for the purpose of this rule.
- 12.2. Each team will be issued with a glo stick, which must be carried by the boat **at the top of the mast** between sunset and sunrise.
- 12.3. Helmsman retiring must, on returning to shore, inform the Race Officer.
- 12.4. Buoys will also be fitted with glo sticks between sunset and sunrise.
- 12.5. After capsizing or boat damage, a helmsman may accept assistance from the safety boat without incurring any penalty (e.g. to remove weed from the top of the mast, tow back to shore). This changes Rule 41

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13. Additional Equipment

13.1. Teams will be allocated a team number. This team number must be displayed on the bow of the boat on the side that will be visible to the start box when crossing the finish line.

13.2. Team numbers will also be provided for attaching to sails

13.2.1. For a double handed boat this team number must be displayed on the Jib or genoa towards the front of the sail at approx half height on the side that will be visible to the start box when crossing the finish line.

13.2.2. For single handed boats this team number must be displayed on the leading edge of the mainsail at approx one third height on the side that will be visible to the start box when crossing the finish line.

14. Results and Scoring

14.1. Where a team uses more than one boat and the boats have different handicaps, the lower handicap will be used to calculate the results. The latest RYA published handicaps shall be used in calculating the results.

14.2. The results will be calculated using the RYA Portsmouth Number applied to the number of laps completed at 24 hours. The final part lap will be calculated using the time the final lap started and finished and where the 24 hour point falls within that duration.

14.3. The team with the highest number of laps after RYA Portsmouth number applied will be 1st.

15. Prizes

Prizes will be given as follows

1st Place

1st Visiting Team

1st Paxton Lakes SC Team

1st Junior Team (team aged 18 and under)

Additional prizes may be given during the event for special merit

16. Duties

It is a requirement of the event that teams complete duties, these include Time Keeping, Galley and Rescue Boat Crew. Duties will be allocated to teams prior to the start of the race and displayed on the official notice board

17. Disclaimer of Liability

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to race. The organising authority will not accept liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta

18. Insurance

The safety of a dinghy and her entire management shall be the sole responsibility of the owner/competitor. Each entrant shall sign an undertaking that they have valid Third Party insurance to cover claims of at least £2,000,000 in respect of the competing boat and shall provide the certificate if requested by the Race Officer.

19. Behaviour

Absolutely no bullying or foul language will be accepted at anytime during the event (on or off the water). Those who infringe these rules will be subject to penalties, which could result in instant disqualification.

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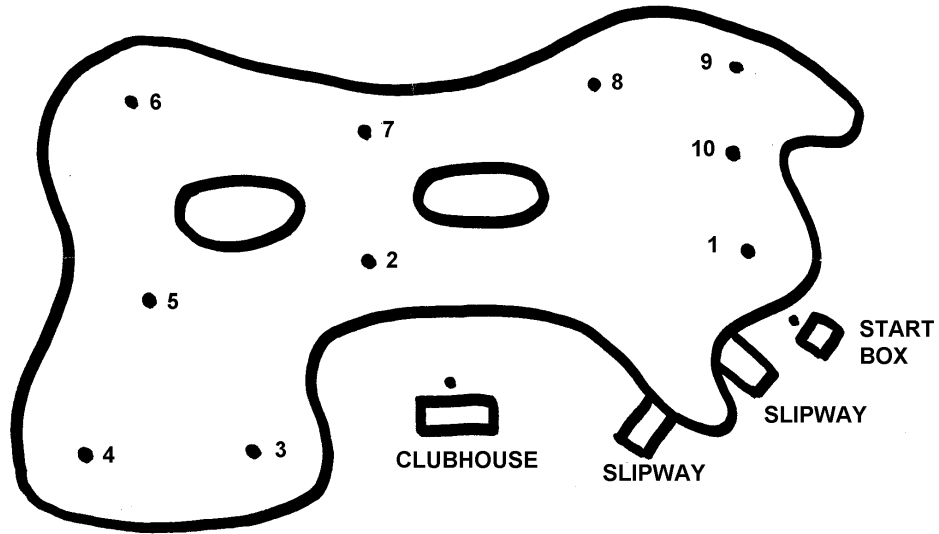
email: sailing.secretary@paxtonlakes.org.uk website: www.paxtonlakes.org.uk

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Appendix A



POSITION OF BUOYS 1 - 10